

About *B. Angeli*

B. Angeli — Chef Barb — began her culinary journey as a child around the family kitchen table. “It wasn’t the extravagance of our food, but rather the act of sharing a simple, delicious meal with family and friends that made the entire experience both memorable and life-changing.”

For over 30 years Barb has been sharpening and honing her cooking skills by reproducing treasured family recipes, and by studying the techniques and benefits of Mediterranean cooking.

A caterer, food stylist, cooking instructor and nonprofit executive-turned personal chef, Barb brings passion and the art of cooking passed down to her from generations of old-world cooks, bakers and professional chefs.

*“This has been my journey ...
I look forward to sharing it with you!”*
—Chef Barb

“Chef Barb cooks fresh, healthy, delicious meals, and her secret ingredient is love! Every bite you take, you will wonder, how does she do that? Now when we all get home we can gather around the family table effortlessly filled with amazing food. We are happier, healthier and living a better life!”

— Amy Ovalle

Also Offering:

Gift Certificates

Private Party Service

Hands-on Cooking Classes



Experience the joy of coming home to a delicious meal ... cooked with love!

B. Angeli LLC

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Member — American Personal and
Private Chef Association

Personal Chef Service



*Fresh, simple,
beautiful food ...
the Mediterranean way!*



www.bangelipersonalchef.com

B. Angeli brings you back to your table!

You're ...

- ✓ A busy professional
- ✓ Traveling, commuting
- ✓ Shuttling kids to school and countless activities
- ✓ Meeting community and social obligations
- ✓ Or ... maybe you're just not into cooking!

Yet, at the end of a long day good nutrition is still a priority, and a freshly prepared meal with that 'home-cooked touch' is exactly what you want.



B. Angeli is a Personal Chef Service that meets the growing demand for fresh, healthy, palate-specific meals for individuals and families with hectic schedules and limited free time.



How it works ...

All your meals are prepared in the safety and convenience of your own kitchen. They are made from scratch using only the freshest, seasonal ingredients of the highest quality.

Service includes ...

- Personalized menu planning
- Grocery shopping for all ingredients
- Packaging and heating instructions
- Kitchen clean-up
- Weekly, monthly, & special occasion service

"As a working mother, I was plagued by my inability to prepare good meals for the family every night. *B. Angeli* has just completely solved that problem. I feel like a better parent, and for a very modest investment, I get to enjoy incredibly prepared, delicious food alongside my family. Everyone benefits ... and I have extraordinary peace of mind!"

—Amy Ovalle, Senior Director,
Global Communications, The Asia Foundation

"Chef Barb created a most unusual menu for Leadership California's annual retreat dinner. Everything was imaginative, fresh, delicious and artistically presented. She also went to great lengths to accommodate certain dietary restrictions. The Board is still talking about it!"

—Paula March, President,
Leadership California

Sample Entrees

Ribollita – Tuscan Minestrone

Eggplant Rollatini with Fresh Ricotta & Parmigiano Reggiano

Orecchiette with Broccoli Rabe & Sweet Italian Sausage

Wild Mushroom Spinach Lasagna

Greek Style Roasted Chicken with Lemon Garlic Stuffing & Pan Juices

Braised Chicken Provençale with Capers & Fresh Thyme

Oven Roasted Salmon with Creamy Artichoke & Basil Sauce

Sicilian Beef Stew with Cremini Mushrooms, Tomatoes & Fresh Rosemary

Brined-Cured Seared Pork Chops with Balsamic Glaze

B. Angeli uses mostly organic and locally grown ingredients. Meats and poultry are antibiotic and hormone free. Vegetarian and gluten free meals available.